

Smoke Signals

Calumet Power Squadron



District 20

A Unit of the United States Power Squadrons®

January-February 2012

Cdr Timothy J. Guerin, P

Whenever I get something new, the first thing I do is start reading anything I can to learn more about my new found interest. Then I start playing with whatever I can to make it work. When was the last time you bought a new state-of-the-art stereo system? Didn't you find out as much information as you could about it? Do you remember playing with all of the controls, the balance, the base or treble knobs, pushing this and pulling that just to see what function the new piece of equipment has?

How about the new car you just received? Were you excited to try out the cruise control, play with the concert hall sound system, and work with every function there is with the onboard computer system? Why do you suppose we expend so much energy reading this information and playing with the crazy thing? The reason for this strange behavior is to learn as much as we can about what interests us. After all, the more we learn about something, and the more we use it, the more we will enjoy it.

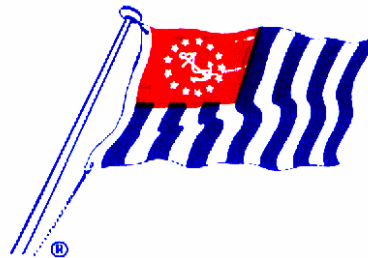
When we bought our boats, did we put them in the water and just let them sit? Of course not, we busied ourselves learning everything we could about the boat and the many benefits it has to increase our enjoyment of boating. Realizing the dangers of this sport we decided to learn more about boating safety and enrolled in a boat safety course. Armed with all of this knowledge, we needed to

share this with others and enlist more knowledge from others with the same interests as us, so we joined an experienced group of boaters.

The question now is why would we just let our membership just sit there? Why don't we get more involved with the organization, take advantage of the vast amount of information available to us, or join in on the activities with other members to enjoy the camaraderie with those of like interests?

As with any activity, at first we feel like an outsider and that we have very little to offer making us feel inadequate. Unfortunately, it is hard for some of us to get passed this feeling. But the more contact we have with others, and the easier it is, the more involved we are, and the more we learn. Suddenly we realize this isn't just a group of people we have joined but it has become an assembly of friends that want to share our experiences.

As a member, come to our meetings, attend our classes, and share in all of the camaraderie—you will be glad you did.



Calumet Power Squadron Bridge Members 2011

Commander	Cdr Timothy J. Guerin, P
Executive Officer	Lt/C Michael Corbett, S
Education Officer	P/C Raymond A. Sztuba, JN
Administrative Officer	Lt/C Carol A. Corbett
Secretary	Lt/C Peter Menninga, P
Treasurer	Lt/C Joan M. DeLuca, JN

Education Officer P/C Raymond A. Sztuba, JN



Happy New Year, I hope you enjoyed the Christmas season as much as I did. I have been sampling the recipes posted in the Smoke Signals and they are great.

Yes, my wife Pauline has submitted some of those recipes and no, I wasn't threatened to say something nice. Actually, she found them looking for healthy recipe options and they have been working. So now you know how lucky I am.

Last year was a good year for our education department. We finished a JN class, conducted a Piloting Class and an Advanced Piloting class while we presented Americas Boating Course classes to students in Joliet and at the Frankfort Park District building.

We have been very fortunate. The Will County Farm Bureau in Joliet has a Women's Committee that has been a strong supporter of our ABC safety classes. They have made all the arrangements for us, advertised our classes in the local paper, and did everything possible to make our classes a success. Thank you to the Women's Committee.

The Frankfort Park District has demonstrated their commitment to the community by supporting boat safety along with their many other courses. The Park District provides the facilities for our classes, advertisement in their catalog, and provides assistance anytime they are able. They not only promote our boating classes but also supply facilities for us to perform VSCs for the community. Thank you to the Frankfort Park District.

At this time, we have classes scheduled at the Frankfort Park District and the Will County Farm Bureau. For the most current information on what classes we have to offer please consult our Website; all information there is the most current available and if there are any changes or corrections they will be posted there first.

The new year is just beginning and it seems to me we are starting it properly by providing safe boating classes to the boaters. In case you didn't know, we now offer our advanced grade, elective courses and seminars to the public. If you are a member at a marina or club and see a need for any of our classes please contact me or a member of the bridge and we will schedule a class at the convenience of the boaters, marina, or club. Remember the more people that take a safe boating class, the safer the water will be. Let's continue to make the water safe for everyone.

Ray



Congratulations

The Calumet Power Squadron is a member of the United States Power Squadrons and requires a tremendous amount of work and effort to keep up to date with the National organization and provide our members with the best in boating education, current information about local boating Laws, and superior boating safety classes for the public. Most members only see what is happening at a General Meeting but what really transpires before a general meeting is usually not obvious to our members. To conduct a meeting, our officers have hours of preparing, compiling reports from committee chairmen, arranging and presenting classes, ordering needed materials, providing VSCs for the public, and managing the manpower for all of the activities that have been planned for our benefit. Additionally, our officers develop and maintain a budget to help keep dues to a minimum. Without these members our squadron could not exist. What do these members, who work so hard for us, get in return for all of their hard work? They will be awarded a Merit Mark for the year.

According to the Operation Manual for the United States Power Squadrons "A Merit Mark (MM) is awarded by the chief commander to a member for substantial personal effort in furthering the interest, programs and objectives of USPS, its districts and squadrons. It is a coveted award; it is by and large the only official recognition members receive for their efforts. Only one merit mark may be awarded in a year to a member, no matter how extensive the contribution." Congratulations to all of the members who have been awarded a Merit Mark for 2011.

William P. Brady	Carol A. Corbett	Michael Corbett
James Robert Daugherty	Joan M. DeLuca	John L. DeLuca
Marjorie J. Dorwart	Charles R. Ewing	John E. Gaggini
Brian J. Glim	Joelyn H. Gosse	Jonathan F. Gosse
Brian J. Guerin	Robert Harrison	Charlene W. Mathis
Lael W. Mathis	Peter Menninga	Lawrence G. Stoll
Pauline M Sztuba	Raymond A. Sztuba	

Pursuant to the Calumet Power Squadron By-Laws Section 9.3, the following members are nominated for the following individual offices:



Commander		Raymond A. Sztuba, JN	
Executive Officer		Francis Michael Corbett, S	
Administrative Officer		Peter Menninga, JN	
Educational Officer		John L. DeLuca, SN	
Secretary		Pauline M. Sztuba, P	
Treasurer		Joan M. DeLuca, JN	
Executive Committee		Nominating Committee	
P/C James Robert Daugherty, JN	1 year	Lt Colleen J. Glim	1 year
P/C Brian J. Guerin, P	1 year	P/C Jonathan F. Gosse, AP	1 year
P/C Raymond A. Sztuba, JN	2 years	P/C Brian J. Glim, JN	2 years
P/C Timothy J. Guerin, P	3 years	P/C Raymond A. Sztuba, JN	2 years
Lt/C Pauline M. Sztuba, P	1 year	P/D/C John L. DeLuca, SN	3 years
Lt Robert Harrison, AP	2 years	P/C James Robert Daugherty, JN	3 years
Auditing Committee		Rules Committee	
Lt Colleen J. Glim	1 year	P/C Brian J. Glim, JN	1 year
Lt Tom W. Kataras	2 years	P/C James Robert Daugherty, JN	2 years
Lt Carol Corbett	3 years	Lt/C Francis Michael Corbett, S	3 years

P/C Brian Glim, JN



Those Nasty Odors

How do we get rid of odors on our boat!
Don't expect a nice

clean smell when opening your boat after being closed up for a few months. Give it a day or more to air before you start to be concerned about the smell. Run all the fans, get as much air circulating as possible.

Well! First we have to identify where the odor is emanating from. Febreze can be used but that is just a cover up. If odors are found, in the cabin only. Start with the carpet, use carpet cleaner and deodorizer, maybe a carpet steamer. Clean the head and use good head treatment chemicals and Clorox Bleach.

Clean all upholstery and bedding. Spray down mattresses with Febreze. Clean the showers with Lysol. Use Damp Rid; Air Wicks; RV Deodorizers. It's not a bad idea to put bounce sheets under all your cushions and in closets.

Next check your air conditioner drain pan, clean with Clorox Bleach. Check the air conditioner filter, and clean if necessary. Spray the AC intakes; vents and ducts with Lysol. Run Clorox through all drains, to kill odors. Ozium is a good air sanitizer! You can sundry some of the furnishings.

Next check the bilge and clean with a good bilge cleaner and Clorox Bleach. You can use an air purifier since they have electrostatic scrubbers that will attract odor particles. They also release ions that can act on odors that are still attaches to different items. Another method is OZONE generators left on inside a closed up boat will also destroy odors, but be CAREFUL Ozone can destroy rubber. The correct amount, of ozone works well, just don't overdo it!

Try to find the source of the smell so as to pin point your efforts. Wrap a clean cotton cloth around your sanitation hoses (going to or from

the head or holding tanks). Leave it there for awhile, then take it off and smell it. If it smells, then you should replace the hoses.

Check the foam in your cushions, if they are moldy or mildewed, clean or replace the foam. Use Oxyclean or vinegar 50/50 mix for ingrained odors. If you are getting odors from your holding tank vent, install a water filter inline between the tank and the outlet (not for water to go through but for the air), this should reduce or eliminate the odor. Use a small # micron filter.

Well, hopefully this information will help you eliminate your boat odors.

P/C Brian J. Glim, JN

Distinctive Communicator Award

I have just been notified that our newsletter, Smoke Signals, has been awarded the United States Power Squadrons Distinctive Communicator Award for 2011. This award shows a tremendous commitment of time and energy expended by many individuals to present an interesting and informative newsletter to our members.

All of the authors of articles in the newsletter deserve special recognition because without their efforts there would not be any articles. Whenever they were asked to go that extra mile there were no complaints or negative reactions just the willingness to make the articles the best for their readers. Many articles also included outstanding photographs that provided additional information and improved the overall aesthetic design.

Congratulations to the 2011 Smoke Signals contributors: Raymond Sztuba, James Daugherty, Brian Glim, Brian Guerin, Jon Gosse, Pauline Sztuba, Robert Harrison, Charles Ewing, Larry Stoll, Tim Guerin, and of course our photographer Stacy DeLuca.

John DeLuca
Editor





Eating Healthy... Dock Side

It's 2012, the start of a new year. It's a time to reflect and a time for change.

Thinking about making some healthy changes?

Below are a few things to consider, in helping you achieve your goal:

- Believe in yourself. Having confidence in your ability to change can help to reach your goal.
- Be realistic. Make sure your resolution is doable, if you are overwhelmed, you are just setting yourself up to fail.
- Be specific. Don't just say you want to start exercising or eating healthier. Actually set a goal, maybe a 15 minute walk each night.
- Seek support. Change is easier when you have a friend or family member supporting you.

Make a conscious effort to keep to the changes you've made and pretty soon the changes will become habit. Last week I came across another great recipe for slimming down, using a crock pot, I hope you like it.

CHICKEN & SAUSAGE GUMBO

8oz boneless skinless chicken breast
 1/8 tsp. salt
 1/8 tsp. pepper
 12oz fully cooked chicken sausage, cut into 1/4 inch chunks
 1 can diced tomatoes with green chilies
 3 cups reduced sodium chicken broth
 2 cups frozen okra
 1 1/2 cups celery, chopped
 1 green pepper, diced
 1 large onion, chopped
 1 1/2 tsp. dry Cajun seasoning
 1 tsp. chopped garlic
 1 tsp. Worcestershire sauce
 1 tsp. ground thyme

Season chicken with salt and pepper, place in crock pot. Add all remaining ingredients and stir lightly. Cover and cook on high for 3-4 hours or on low for 7-8 hours, until chicken is fully cooked. Remove chicken and place in large bowl. Shred each piece using two forks, one to hold the chicken in place and other to scrape across meat and shred it. Place shredded chicken back into the crock pot and give mixture a stir. Enjoy!
 Serving size: 1 cup, 117 calories, 13g protein.

Crowne Plaza Chicago—Northbrook
 2875 N. Milwaukee Avenue
 Northbrook, Ill 60062
 Phone (847)493-6909

www.crowneplaza.com/northbrookchi
 Make your reservations by February 2012 in the US Power Squadron Room Block or ask for group code U9S

USPS District 20

presents a Squadron Development Workshop...

Preparing for the Challenge

A hands-on forum to share ideas, discuss the challenges we face, consider the future of USPS, and stay up to date on the latest developments.

Saturday, 18 February 2012

1000 hours (10 A.M.) – 1600 hours (4 P.M.)+

Time/Workshop

1000-1100 Welcome/Town Hall Meeting

1100-1230 Keynote Speaker, Nicholas D. Hayes

1230-1345 All you can eat, Buffet Lunch

1345-1445 Department Workshops:

Commanders

Educational Department

Executive Department

Administrative Department

Secretary Department

Treasurers

1445-1500 Break

1500-1600 Committee Workshops:

Boat Operator Certification Update

Instructor Recertification

Roberts Rules

Save Our Squadron

Networking via the Internet

1600-?? D/20 Hospitality hosted by D/C D'Amico

P/C James R. Daugherty, JN



WHAT'S IN A NAME... WOULD A BOAT BY ANY OTHER NAME SAIL AS SWEET?

Every boat owner has wrestled with naming their boat, or keeping the name that came with the boat when you bought it. After all, the name of your vessel reflects on you, the skipper, and sometimes your first mate. I think everyone has seen the joke where the wife of the skipper who insisted he name the boat after her, so he paints (Lard Ass) on the stern. Don't know if he's still able to sail his boat. But all joking aside, your vessel's name can say something about you. Names like Abby Normal or Wind Breaker may sound like a cool name at the time, but you really should put a little thought into it.

When naming your boat you should consider some of the following points: First you should be able to tell people why you picked the name you did. For example, if you're recently separated or divorced than explaining how you came about naming your boat "Lard Ass" might be an amusing story, otherwise you might want to opt for a less amusing name.

Also you might want to avoid cute, sappy or jokey names. Remember you'll be calling other boats (and maybe the Coast Guard) on your radio. So names like "Mother Flicker" named after your mother-in-law, may come across as something else when broadcast over your radio. Try repeating that name three times, especially when calling "Mayday".

Also avoid names that may challenge or insult the ancient Neptune or Poseidon Gods of the sea, even if you don't believe in them. Names like "Wave Destroyer", "Dam the Torpedoes" or "Unsinkable" might be asking for trouble, just maybe. Hey, look what happened to the "Titanic". You can spend hours and hours trying to find the right name, but if you've had good luck with your previous boat's name, just consider using it and adding a "II".

Ok, this next part is extremely important if you're renaming a boat there is a Ceremony for De-Naming and Renaming. If you search the web you'll find a number of slightly different ceremonies with a common denominator, some sort of alcohol. But one of the best I've come across is the De-naming and Christening Ceremony by John Vigor.

John Vigor is a boating writing and editor. He has sailed more than 15,000 ocean miles in boats 11 to 40 feet. The de-naming ceremony mentioned here is contained in his book "How to Rename Your Boat...and 19 Other useful Ceremonies, Superstitions, Prayer, Rituals, and Curses" available on line and in most major bookstores. I'm not going to publish his Ceremony word for word here since it's available on line at 48North.com. But let me hit on the highlights.

According to John the first thing you need to do is conduct a De-naming Ceremony asking the Sea Gods Mighty Neptune, king of all that moves, in or on the waves and the Mighty Aeolus (pronounced EE-oh-lus), guardian of the winds and all that blows before them.

After conducting the De-naming Ceremony word for word, then it's a simple matter of conducting the Christening Ceremony. You simply say, "I name this ship (fill in the name), and may she bring fair winds and good fortune to all who sail on her" breaking a bottle of champagne on the bow. You might want to ask Queen Elizabeth a few months in advance to see if she's available. Hey, both the QE and QEII are still floating, she might bring good luck.

Bluewater Sailing Magazine has a specific list of equipment you'll need for their Ceremony:

1. Lots of liquid spirits for the guests – soft drinks, wine, beer, rum, vodka or other liquid.
2. Lots and lots of food for all to eat
3. A silver dollar – the older the better (place under mast or other safe place)
4. Bottles of champagne for christening, and drinking (play Jimmy Buffet music)
5. Red wine for blessing (spill to symbolize blood of a virgin)
6. Ship's Bell for ringing

Bluewater Sailing says you need to put on a great show, money is no object. This will demonstrate

(What's in a Name... continued on page 9)



Calumet Power Squadron Christmas Party Hosted by Mike & Carol Corbett



Why do I have a variety of friends who are all so different in character? How can I get along with them all? I think that each one helps to bring out a "different" part of me.

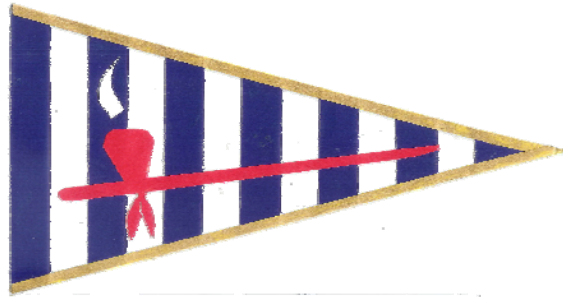
With one of them I am polite. I joke with another friend, and yet another I sit down and talk about serious matters. With another I laugh a lot and I may have a coke with a different one. I may listen to one friend's problems. Then I listen to another one's advice for me.

My friends are all like pieces of a jigsaw puzzle. When completed, they form a treasure box. A treasure of friends! They are my friends who understand me better than myself, who support me through good days and bad days. We all pray together, and for each other.

Real Age doctors tell us that friends are good for our health. Dr. Oz calls them Vitamins F (for Friends) and counts the benefits of friends as essential to our well being. Research shows that people in strong social circles have less risk of depression, and terminal strokes.

If you enjoy Vitamins F constantly you can be up to 30 years younger than your real age. The warmth of friendship stops stress and even in your most intense moments it decreases the chance of a cardiac arrest or stroke by 50%. I'm so happy that I have a stock of Vitamins F!

Lt. Pauline Sztuba, P



**Chef
P/C Brian Guerin, P**

Speedy Weeknight Chili Recipe

Ingredients

- 1-1/2 pounds ground beef
- 2 small onions, chopped
- 1/2 cup chopped green pepper
- 1 teaspoon minced garlic
- 2 cans (16 ounces each) kidney beans, rinsed and drained
- 2 cans (14-1/2 ounces each) stewed tomatoes
- 1 can (28 ounces) crushed tomatoes
- 1 bottle (12 ounces) beer or nonalcoholic beer
- 1 can (6 ounces) tomato paste
- 1/4 cup chili powder
- 3/4 teaspoon dried oregano
- 1/2 teaspoon hot pepper sauce
- 1/4 teaspoon sugar
- 1/4 teaspoon salt
- 1/4 teaspoon pepper

Directions

In a large saucepan or Dutch oven, cook the beef, onions and green pepper over medium heat until meat is no longer pink. Add garlic; cook 1 minute longer. Drain. Add remaining ingredients; bring to a boil. Reduce heat; simmer, uncovered, for 10 minutes. *Makes 15 servings.*



Even Keel

A vessel that floats upright without list is said to be on an even keel and this term has come to mean calm and steady. A keel is like the backbone of the vessel, the lowest and principal centerline structural member running fore and aft.



VSC chairman Lt Robert Harrison, AP



The latest reports have been posted for the 2011 VSC season. Calumet is still very involved with the program, and all of our current Examiners are inspired and looking forward to the 2012 season. New locations have been explored and contacts with the recent locations have expressed their support for the coming year. As usual we are always looking for additional examiners and if you would like to be a part of this special program please contact me. Congratulations and thank you is extended to all of our present VSC Examiners:

- William P. Brady
- James Robert Daugherty
- John L. Deluca
- Brian J. Glim
- Robert Harrison
- Lael W. Mathis
- Lawrence G. Stoll
- Raymond A. Sztuba
- Pauline M. Sztuba

Have a safe and happy New Year!
Lt Robert Harrison, AP



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(What's in a Name... continued from page 6)

to your boat that you are willing to do anything for her. Show your vessel that your checkbook is wide open and that you will, as her new owner, make life terrific for her:

- A. Pour a round of drinks for everyone who comes by.
- B. Ring the bell to call the ceremony to order. Ring is again to make sure that they heard it.
- C. Ask your guests to give verbal comments about how nice your hospitality is. Your boat needs to hear others rave about your generosity.

Proceed with the De-naming and Renaming Ceremonies mentioned above. For the sake of brevity I'll leave out the important but not really necessary activities such as dancing naked about the boat with a chicken on you head. Note: If you decide to do this please check with the Port Captain about any laws, regulations, or restrictions on this type of activity. The Red wine is spilled to symbolize the blood of a sacrificed virgin. Since boats are thought to have souls, when captured, the soul needs to have the old wound washed away and renamed to reflect the new owners culture.

There is a list of do's and don'ts to all of this that I may have failed to mention, but I do know that whichever ceremony you decide to use, there must be a party afterwards to complete your ceremony and make it stick. Good luck with all this and don't forget to invite me, at least for the "party" part.

See you on the water,
P/C James R. Daugherty, JN



Happy Birthday to those who celebrate a birthday in:

January

Michael A. Bilder
Michael J Bilder
Dave Gallagher
Tom Kataras
Peter Menninga
Raymond A. Sztuba



February

Thomas Hart
Gerald Tarquinio, Jr.



**Deadline for the next issue
February 15, 2012**

*Please send articles to the
Editor:*

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8654 Brookside Glen Drive
Tinley Park, IL 60477

jdeluca487@comcast.net
(815) 464—3550

Calendar of Events

February

- 1 Executive Committee Meeting
- 10 General Meeting
- 28 Executive Committee Meeting

March

- 10 Change of Watch
- 28 Executive Committee Meeting

April

- 6 General Meeting

May

- 2 Executive Committee Meeting
- 11 General Meeting

June

- 6 Executive Committee Meeting
- 24 Beer & Brat

July

- 22 Steak Fry

September

- 5 Executive Committee Meeting
- 14 General Meeting

October

- 3 Executive Committee Meeting

November

- 7 Executive Committee Meeting
- 14 General Meeting

Smoke Signals is published every other month and is intended as a guide for you. Information included is correct at the time of publication. Event plans and dates may change. Always refer to the web site for any event updates and the most current information available.

<http://calumet.uspsd20.org/>

Change of Watch

March 10, 2012

**Ashford House
7959 West 159th St
Tinley Park, IL 60477**



Come out and help us celebrate the installation of a new bridge and acknowledge the past bridge for all of their hard work.

Are you a member of Boat US? Did you know by being a USPS member you qualify for a reduced membership rate?

For more information on joining Boat US please contact.

P/C Lael Mathis, SN

Or

Cdr Timothy J. Guerin, P



**FRATERNAL
BOATING CLUB**



Smoke Signals
8654 Brookside Glen Drive
Tinley Park, IL 60477

